



October 1, 2015



235 Redstone Road
Richmond Hill, Ontario
L4S 2E2
(905)508-1073

School Website
www.redstone.ps.yrdsb.edu.on.ca

Superintendent: Rita Russo
905-884-4477
Trustee: Carol Chan

Administrator's Message

We have enjoyed a very positive start up to the school year, and an extremely busy month at Redstone P.S. October has quickly arrived! We would like to thank everyone for working with us to make our parking lot a safer place. We greatly appreciate your cooperation when dropping off your children. Keeping the traffic moving and not parking along the exterior of the parking lot has helped with students getting onto the playground safely. Let's keep working together to make our children's arrival safe.

Your partners in education,

W. Thompson
Principal

J. Rudman
Vice- Principal

Cross Country

Mr. Hynd and Ms Cookson have trained students every Tuesday and Thursday morning in preparation for the Area Cross Country meet on October 8th. Way to go Roadrunners!



Catch and Release

Ms Wainberg's Grade 3 students have been exploring the life cycle of a new classmate, "Gary". Gary grew into a beautiful butterfly last week. On September 27th, the grade 3s released Harry back into nature.

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Office Hours: 8:30-4:30

If your child will be absent or late please use our 24 hour voicemail system. **CALL THE SCHOOL AT 905-508-1073 AND PRESS 2 TO LEAVE A MESSAGE ON THE ATTENDANCE LINE.** If the voicemail is full, send an email to: redstone.ps@yrdsb.ca

Respect
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APRIL 2 is World
Autism Awareness Day
OCTOBER is Canadian
Autism Awareness Month

5 fast facts about Autism Spectrum Disorder (ASD)

- 1 Autism is a complex neurological disorder with no clear cause
- 2 Autism falls on a continuum that affects individuals differently
- 3 Signs of autism are usually present by age two
- 4 Autism is four times more prevalent in boys than in girls
- 5 About one in every 68 children has autism



twitter.com/mykinark

facebook.com/kinark



Congratulations to our 2015-16 School Council

1.	Name	Position
2.	Jeff Young	Co-Chair
3	Karren Lee	Co-chair
4	Walton Rajah	Treasurer
5	Pamela Chang	Co-Secretary
6	Ali Dehkordi	Co-Secretary
7	Vincy Ho	Member-at-Large (Voting)
8	Yvette Nazarian	Member-at-Large (Voting)
9	Niki Koutsovasilis	Member-at-Large (Voting)
10	May Fong	Member-at-Large (Voting)
11	Jacklyn Zhang	Member-at-Large (Voting)
12	Xiaobing Li	Member-at-Large (Voting)
13	Erin Xiang	Member-at-Large (Voting)
14	Howard Shin	Member-at-Large (Voting)
15	Xenobia Schlichter	Member-at-Large (Voting)
	Michelle Cain	Member-at-Large (Non-Voting)
	Steve Yip	Member-at-Large (Non-Voting)
	Vivian Murray-Black	Member-at-Large (Non-Voting)
	Juan Jaime Barreto	Member-at-Large (Non-Voting)
	Tanya Emmanuel	Member-at-Large (Non-Voting)
	Jae Chung	Member-at-Large (Non-Voting)
	Tina Cheung	Member-at-Large (Non-Voting)

All parents are welcome to attend any or all of the meetings and lend a hand throughout the year.

**Tentative Council Meeting Dates for 2015-16:
Oct. 5, Nov. 2, Dec, 7, Jan. 19th, Mar 7, April 4,
and June 6.**

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Students Demonstrating "Courage" in September

JK/SK

Karen J., Benjami Z., Naomi S.,
Irshad A., Parker A., Shawn,
Pooryika, Eva, and Kianna

1

Cindy, Terrance

2

Asia, April, Maedeh, & Nicki L.

3

Oliver, Eunice, Rayhan, Aidan C.
& Josh

4

Hayoung, Thomas & Daniel

5

Nikki & Shervin

6

Don, Annette & Parnia

7

Justin, Michelle, Vivian, Kamila &
Grace

8

Rahul, Ackshia & James

A+ Lunch Tips

Pack those veggies and fruit!



According to a Canadian survey, 7 out of 10 children get less than the recommended servings of five fruits and vegetables per day¹. That's 70 percent of them! 5 servings may sound like a lot, but if you include fruit or vegetables with every meal (maybe a fruit with breakfast and a vegetable with both lunch and dinner), and include veggies or fruit in two snacks throughout the day then bingo, you did it! Fruit and vegetables are packed with vitamins and minerals, as well as fibre. Sending fruit and veggies in your child's lunch bag is a great way to get those servings in.

Here are some ways to make it fun:

- ✓ Kids are in a hurry to get outside and run around at recess, which is a good thing. So if they can eat their snack quickly, they are more likely to. Cut veggies and fruit in bite size pieces so kids can easily eat it without any prep.
- ✓ Go for colour and shape. Part of the taste experience comes from how food looks: if it looks good, kids are more likely to eat it. Bright, colourful veggies and fruit cut in fun shapes will draw them in.
- ✓ **Fruit ideas:** melon balls, apple wedges with lemon (to keep them from browning), orange sections, berries, bananas, grapes, watermelon chunks
- ✓ **Veggie ideas:** diced or sliced red, yellow and orange peppers, carrot sticks, sugar snap peas
- ✓ If your child likes to dip, include a small container of plain Greek yogurt--a good source of protein with a thick consistency that's perfect for dipping.



Redstone Walks for Terry Fox and Cancer Research

Terry Fox had a way of giving Canadians a new fresh way to look at their country, the geography, the distances and the differences of people. He effectively transformed the distances between people by inviting them to focus on what could bring us together rather than divide us. Terry was able to close a gap and unite a nation around a common cause. His journey across Canada called the *Marathon of Hope*, was successful in raising money in support of cancer research. Today, in honour of Terry Fox, significant amounts of money are still being raised and the Redstone community itself raised **over \$550** this year!

Redstone staff, students and parents honoured Terry Fox and his great courage by participating in a Terry Fox Walk on Thursday October 1st. The weather was perfect for a walk around our community in support of such an excellent cause. The students collected "Toonies for Terry" or "Fivers for Fox".

Thanks to all the staff and parents for your participation in such an important event. Again, this year, Redstone showed great Character!!

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Safety Awareness Week **Sept. 25th to Oct. 2nd**



The week traditionally incorporates a variety of different local school activities on a broad range of safety related themes (traffic, internet, personal, water, bicycle, etc.). Safety Awareness Week is an opportunity to conduct a required

‘lockdown’ (formerly Code Red) drill and ‘Hold-And-Secure’ drills in our schools. Visit the following websites for General Safety: www.safety-council.org www.elmer.ca/ www.riskwatch.org <http://www.safekidscanada.ca/>

Transportation **Students in** **Grades JK-3** **must live more**

than 1.2 km. from the school to
qualify for bussing.

Students in Grades 4 – 8 must live
more than 1.6 km. from the school
to qualify for bussing.

This means that a student may have qualified in grade 3 but no longer qualifies in grade 4. It also means that one sibling may qualify and the other may not.

Please check the website at
www.schoolbuscity.com .



It's time to remind children about being safe in our community

This is a good time for parents to learn about and review ways to protect their children from potential dangers.

Here's what children need to know:

- Their name, age, telephone number, address, city and province. This can be done through rhyme or song.
- How to contact their parents at any time, by memorizing cell or work numbers.
- How and under what circumstances to call 911.
- To never approach or enter a stranger's vehicle. A responsible adult would never ask a child for directions or any other question for that matter.
- Make sure they know they have a right to say "no" to an adult, especially when the adult is asking them to do something they have been taught is wrong or feels uncomfortable. Reminding children of this right is important because children are taught from a young age to respect adults.
- To always tell parents where they will be and to never enter someone's home without their parent's permission.
- If home alone, never admit it when answering the phone. Never answer a knock at the door or speak through it. Adults can be very persuasive. Teach your child to call you if there is a knock at the door and if they fear for their safety, teach them to call 911. Make sure they know that police officers are there to help them and would not get mad if it were a false alarm.
- If they think they are being followed or are in danger they should run home or to a public place. If someone grabs them, they should try to get away, yelling and screaming while doing so.

It is important to play in safe areas, never take shortcuts and stick with a buddy whenever possible. It is never too early or too late to teach children the importance of personal safety. Common sense, communication and consistency are the keys. Remind children to alert a responsible adult if something strange happens that makes them feel uncomfortable. Remember, crime prevention is everyone's responsibility. For more information on this subject, contact the York Regional Police Community Services Bureau at 1-866-876-5423, ext. 7980, or by e-mail at info@police.york.on.ca, or visit www.police.york.on.ca

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MATH Tips and Tools for Parents *by the Ministry of Education*

Tips for kindergarten to grade 3

1. **Counting can be fun and entertaining.** Sing counting songs such as "One, Two Buckle My Shoe". Your local librarian can recommend fun counting books. Play Hopscotch – it's a counting game! There are lots of games where you count, such as *Snakes and Ladders*, *Dominoes*, *Crazy Eights* and *Candyland®*.
2. **Computers + math = fun.** There are great computer games available for math – ask your librarian or check out your local computer store. Make sure they are "parent approved". There are also super websites that have fun math games, such as [TVOKids](http://TVOKids.com), or do an Internet search for other sites.
1. **Start Easy and Work Up!** Once they have got the hang of counting by 1s, introduce skip counting, such as counting by 2s and 5s.
2. **Use household items for counting practice.** Practise adding and subtracting with objects found around your house like spoons or pots and pans. When they've become good at these skills, move on to simple multiplication.
3. **Tap into your child's curiosity.** Go on a number hunt together and discover places where numbers are used such as a clock, TV, computer keyboard, calendar, telephones and licence plates.
4. **Use everyday activities.** Your child's world is filled with everyday math problems that can be solved. For example, "There are four people in our family and we each need a knife and a fork to eat dinner. How many knives and forks do we need to set the table?"
5. **Kitchens can be math zones.** Bake some muffins or cookies and ask your child to help you measure out the ingredients. It may be a bit messy but it's fun family time and there's nothing like a fresh cookie as a reward. Have math fridge magnets available so children can start making number patterns and doing simple math problems.
6. **Predict and compare.** Start to measure and estimate things like how far it is from the driveway to the house or how long a trip will take and then measure and compare the actual time it takes.
7. **Talk about time.** The concept of time can be hard to grasp. Talk to your kids about minutes and hours. Then get them to try counting days and weeks – for example how many "sleeps" until the weekend or a visit to a friend or relative.
8. **Identify geometric shapes and sizes.** Play "I Spy". Instead of looking for words beginning with a letter, look for different colours or shapes and count the number you find in the room.

Tips for grades 4 to 6

1. **Connect math to daily life.** Let your kids know the importance of math in day-to-day living. Talk about the ways you use math in your job and around the house. Show them a tax form or how you pay the bills. Ask them how they used math during the day.
2. **Practise mental math using coins.** For example, show that a certain item costs a certain amount and ask what coins are needed to pay for it.
3. **Play games together.** Show them math can be fun and exciting. Play family games to add excitement to math activities, like chess or checkers or games in the car such as math bingo or adding licence plate numbers. Lots of board games need math such as *Junior Monopoly®* or play card games such as *Uno®*.
4. **Cooking can be counting fun!** Get older children involved in helping out at dinner time and let them help measure ingredients for dishes or estimate the number of potatoes that are needed to feed everyone.
5. **Play the estimating game.** Ask your kids to estimate measurements, distances, time and grocery bills. Be sure to compare the estimate with actual. Or get them to guess how much the apples you are going to buy will weigh and then take them to the scale in the grocery store and find out.
6. **Perform time calculations.** For example, make up a sentence and ask your child to recite it as many times as possible in 15 seconds. Then ask how many times it could be repeated in 1 minute, 5 minutes, 10 minutes, etc.
7. **Use common toys to understand math concepts.** Build a tower from blocks. Count the blocks. Then talk about the need for a base of the right size and the stability it creates.
8. **Sports and math.** There is a lot of math used in sports: batting averages, points per game, save percentages – these are math terms that a sports enthusiast will love. If you watch a game with your child, read the newspaper report together sometime the next day and talk about the math concepts.

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October 2015

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Terry Fox Run	2	3
4	5	6	7 Pizza Lunch	8 Area Cross Country	9 Earth Rangers	10
11	12 Thanksgiving	13	14 Pizza Lunch	15	16	17
18	19 Elections @ Redstone	20	21 Photo Day Pizza Lunch	22 Gr7&8 Vaccinations	23 Bus Evacuation Training	24
25	26	27 Dental Screen JK/SK/4/7	28 Pizza Lunch	29 Dental Screen JK/SK/4/7 EMPATHY Character Assembly	30	31

Our Redstone Touchstone

At Redstone Public School,
 We respect ourselves, others and our environment.
 We are responsible for what we say and what we do.
 We speak up for ourselves and for others,
 And we include everyone in all activities.
 We treat all people equally,
 And we help others without being asked.
 We never give up, no matter how difficult the task;
 At Redstone, everything is possible !

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